

Amniotic Fluid Detection Test



Is AmnioSense blue™ right for you?

AmnioSense blue™ panty liner are for women experiencing unidentified vaginal discharge during their pregnancy. It's the only over-the-counter amniotic fluid leak detection self-test in Canada, which in addition to giving results that are as accurate and effective as in-hospital tests*, is non-invasive and allows for constant monitoring –wherever, whenever.

How to use AmnioSense blue™ panty liners

AmnioSense blue™ panty liners are worn like a normal panty liner:

1. Tap water can interfere with the test: wash and dry your hands.
2. Pull off the paper backing from the panty liner to reveal the adhesive. The panty liner contains a pale yellow indicator.
3. Attach the adhesive side of the panty liner to the inside of your underwear (figure 1). The pale yellow indicator strip should sit directly against your vagina. Wear the panty liner as you would a normal panty liner until you feel wetness (do not exceed 12 hours).



Figure 1
Do not wear for more than 12 hours

4. At the first sign of vaginal wetness, or when replacing the panty liner, remove the panty liner from your underwear, wait 15 minutes, then check for a stain on the panty liner's yellow background.
5. If the panty liner remains completely yellow after 15 minutes, but you are still experiencing wetness, consider using another test and continue monitoring or contact your healthcare professional.
6. Dispose of the panty liner as you would dispose of other hygiene products.

Test results

Fifteen minutes after removing the panty liner look at its colour:

- If you observe any signs of vaginal bleeding, disregard the results and contact your healthcare professional immediately.
- **If the panty liner is stained blue or green:** leakage may be amniotic fluid, you must contact your healthcare provider without delay. **IMPORTANT: If you detect any blue/green staining—no matter the quantity, intensity or size, it is important that you seek immediate healthcare advice. Blue/green staining can occur in a wide variety of patterns which may not match the illustrations shown in figure 2.**
- **If the panty liner did not change colour** (remained yellow): the wetness sensation was probably not caused by amniotic fluid. If you continue to experience wetness, use a new panty liner and repeat the test, or contact your healthcare professional.

Notes

- Amniotic fluid stains remain visible on the AmnioSense blue™ panty liner for 2 hours.
- Consult package insert for more information.

Figure 2



Yellow
Urine leak



Blue/Green
High risk of amniotic fluid leak



Blue/Green
High risk of amniotic fluid leak



Blue/Green
High risk of amniotic fluid leak

Contraindications

To ensure accurate results, don't use AmnioSense blue™ if you:

- Have engaged in sexual intercourse within the last 12 hours
- Have used a vaginal douche within the last 12 hours
- Have used a vaginal cream or gel within the last 12 hours
- Have experienced recent vaginal bleeding or spotting
- Have been diagnosed with a vaginal infection within the last 3 days
- Are being treated with an antibiotic
- Are sweating (immediately after or during exercise)
- Are on a special diet that increases vaginal pH

For your baby

If leakage of amniotic fluid is a concern during your pregnancy, new and improved AmnioSense blue™ panty liners can help you to identify when a discharge is a false alarm and when it's important that you seek immediate medical assistance. AmnioSense blue™ can help lower your stress during pregnancy and provide peace of mind by helping you to ensure that you're doing all you can for your baby.

Please speak to your healthcare professional for more information about AmnioSense blue™ panty liners, and get more details, including clinical trial results, online at www.amniosenseblue.com

* As accurate and effective as the most common tests performed in hospital: sterile speculum examination, microscopic ferning test, and pH paper test.^{5,6,7}

Pregnancy should be stress-free

10% But up to **10%** of pregnant women experience leakage of amniotic fluid—a stressful development with serious implications for both baby and mother.^{1,2,3}

46% **46%** of women experience urinary incontinence during pregnancy.⁴

Get peace of mind:

New and improved AmnioSense blue™ is the only panty liner self-test that helps to identify probable leakage of amniotic fluid.



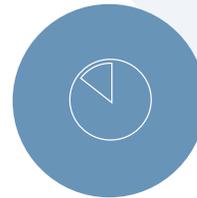
Non-invasive



As accurate and effective as hospital-based tests*



Gives you results within 15 minutes, wherever you are, whenever you need it



Helps you to ensure your baby's well-being and lower stress during pregnancy

This pamphlet will help you learn about AmnioSense blue™ panty liner and find out whether they may be appropriate for use during your pregnancy.

AmnioSense
blue™

REFERENCES:

1. Alexander JM, Cox SM. Clinical course of premature rupture of the membranes. *Semin Perinatol.* 1996.
2. Simhan HN, Canavan TP. Preterm premature rupture of membranes: diagnosis, evaluation and management strategies. *BJOG.* 2005.
3. El-Messidi A, Cameron A. Diagnosis of premature rupture of membranes: inspiration from the past and insights for the future. *J Obstet Gynaecol Can.* 2010.
4. Wesnes SL, Rortveit G, Bo K, Hunskaar S. Urinary incontinence during pregnancy. *Obstet Gynecol.* 2007 Apr;109(4):922-8.
5. Caughey AB, Robinson JN, Norwitz ER. Contemporary Diagnosis and Management of Preterm Premature Rupture of Membranes. *Rev Obstet Gynecol.* 2008 Winter;1(1):11-22.
6. Park JS, Norwitz ER. *Contemp Ob/GYN*, Sept 15, 2005.
7. Data on file. Searchlight Pharma Inc. 2014. Available to healthcare professionals on request.

Manufactured by:

CS Common Sense Ltd.
Haeshel St. 7,
P.O.B. 3567
Caesarea 3088900, Israel

Distributed by:

SEARCHLIGHT
PHARMA
Montreal, QC, CANADA H3J 1M1
www.searchlightpharma.com